

## Sunday School Lesson Outline

**Lesson:** God has spoken  
**Passage:** Hebrews 1:1-4  
**Big Idea:** God used to speak in many ways, now he has spoken by his Son.  
**Main Aim:** Realise who is speaking to us, and so listen to him!  
**Key verses:** Hebrews 1:1-2a

**Please pray** for the lesson preparation, that God's word would feed us and the children.

**Laptop/tablet + speaker:** You will need to bring a device to play media.

If needed, Jonny can provide **a laptop and Bluetooth speaker**. 😊

**Additional resources for prep:** Grace Group booklets or talk to Jonny if needed.

### Hebrews Overview

The Letter to the Hebrews tells us (at least) two things: why we must keep going as Christians, and why we are absolutely able to keep going to the end. It's Jesus. Jesus is Even Better, he is The Best. He is the help we need to run across the finish line.

We need to learn from Israel's mistakes, and also realise that with Jesus we have all we need.

### Passage overview – Talk outline on page 3.

Look at how the sentence is structured in verses 1-4:

Long ago, at many times and in many ways  
 God spoke  
 to (our) fathers  
 By the prophets

BUT in these last days  
 God HAS spoken  
 to US  
 by His Son.  
 who is... (from eternity past, to now)

*Main Aim/Application - For them then & us now.*

We need realise who the Son is: From eternity past to now. Jesus is Even Better, he is The Best. Since God has spoken through him, we really need to listen to what he said.

### Groups

At CW – Prepare for **Sailors and Officers**, taught together.

At GR & EC – Prepare for either **Sailors or Officers**, taught separately.

Ages
<b>Sailors: Age 3 to Year 2</b>
<b>Officers: Years 3-6</b>

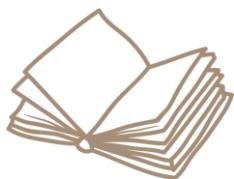
## Lesson Overview

**Get Going**  
~3 min + Song



Welcome & Pray  
Intro Idea  
Song

**Bible Talk**  
~10 mins



The Big Idea  
The Main Aim

**Heart & Hands**  
~30 mins



Craft/Worksheet  
Further teaching  
Memory verse

**Catechisms**  
~10 mins

The New City  
Catechism for Kids



Practice Together

**Land the Lesson**



Recap  
Pray  
Extra Fun Time



### Get Going

Welcome, Pray, Introduction idea & Song

At GR and EC the [Sailor Leader](#) will lead the “Get Going” section, by default.

### Welcome and connect briefly with the children

- Ask a fun question. Something like:  
Was your week good or bad? Show me with thumbs up/down/halfway. Why?  
How was your week out of 10? Show me with fingers. Why?  
What's the most fun/boring thing that happened? The best food you ate? Smelliest smell?

### Prayer by the leader

- Help us to listen carefully to what God has to say to us today, and to have fun.

### Set expectations:

- Rules:
  - We listen to the leader.
  - We love our neighbour.
- We're here to learn about Jesus and have fun.
- If you need the toilet, let us know and we'll take you.

### Intro Idea - Introduce the “Big Idea” of the passage with **Intro Powerpoint slides**.

- Ask the children – Whose voice is the most important?
  - Ice cream man's or police officer's
  - Teacher's or friends? – Maybe this one depends?
  - Referee or cheering people.
  - A parrot or Keir Starmer?
    - There is a man speaking to us, who made the world and sits on its throne.  
It's so important that we listen to him.

**Sing** - If needed, talk through the words and actions before singing.

God Speaks - [God Speaks - Emu Music \(with Lyrics\)](#)

With actions (A little too babyish for GR and EC): [God Speaks | All-Age Worship from All Souls](#)



## Bible Talk

Teaching the Big Idea & Main Aim.

Using the ICB translation: International Children's Bible.

Available at: [Bible Gateway](http://BibleGateway.com)

*Keep it clear and snappy.*

*Centre the talk on the Big Idea and the Main Aim.*

*Have a Bible open throughout to show that we're teaching from God's word, and not from our heads.*

*Think of ways to make the Bible talk engaging. Ideas for this are below.*

### Key Verses – Hebrews 1:1-2a

#### Teaching an Epistle

It can be easy to get bogged down in details.

Stick to the Big Idea as we teach it to the children.

#### Lesson Points

##### Introduction

Sometimes, we find it hard to listen.

There is lots of noise in the world.

And there are many voices:

Teachers tell us things. Parents tell us things. Friends tell us things. TV/books tell us things.

It can be hard to listen.

We often listen to people we think are most important.

We know that Jesus speaks.

Sometimes we find him hard to listen to.

This might be because we don't know who we're listening to.

Let me tell you why we should listen to Jesus...

1. Before, God used to speak like this...

1:1

In many times and many ways, God spoke.

Before Jesus, can anyone think of ways that God spoke to people?

Voice from the sky.

Angels.

Burning bush.

Voice from the mountain.

Dreams. Visions.

God spoke through people, who spoke his words. Who were they?

Does anyone know the names of prophets?

Abraham, Moses, Samuel, David, Isaiah, Jeremiah, Ezekiel.

God used to speak in amazing ways, through amazing people.

Do you think people were supposed to listen to what they said? Why?

Yes. They spoke God's words.

God's were exactly what people needed.

2. Now, God has spoken like this...

1:2a

But now, there is an even better way God has spoken.

Not many times and many places.

One time.

Not long ago.

Now.

Not to people in history.

He has spoken to us.

Not with prophets.

He has spoken by his Son!

God has spoken through his Son.

Do you think we should listen to what he said? Why?

Jesus' words are exactly what we need.

It turns out the Son is the best speaker of God's word ever.

Let's see more about why is The Best.

3. The Son is from forever in the past, and now sits on the throne.

1:2b-4

The Son made the world.

Did the other prophets make the world?

The son is the radiance of the glory of God.

He is the bit of God we can see.

He is the exact imprint of his nature.

Like a stamp. We can see exactly what God is like.

He holds the universe together as he speaks.

He sorted out sin, he sat down on the throne.

What is sin?

Sin is the bad things we do, say, think and feel. *Actions*.

Sin is like saying, Shove off God, I'm in charge, No to your rules.

He's got rid of our sin.

This speaker of God's word is The Best!

How much do you think we should listen to what he said? Why?

### *Conclusion*

Sometimes, we find it hard to listen.

There is lots of noise in the world.

And there are many voices:

Teachers tell us things. Parents tell us things. Friends tell us things. TV/books tell us things.

It can be hard to listen.

We often listen to people we think are most important.

We know that Jesus speaks.

Now we know who he is, he is The Best.

His words are exactly what we need.

We know we should 100% listen to him.

**Brief application** - The Main Aim expanded.

- **Sailors** State the Main Aim application and expand it a bit.  
When we're at home/school/church or when we're sad/happy/tired...  
This is how it's right to think/act/talk/feel.  
Give a concrete example:  
"When we feel x, we can remember y"
- **Officers** Ask questions to arrive at the Main aim application.  
How does this help us think/act/talk/feel differently?  
What about at home/school/church or when we're sad/happy/tired?  
Give a concrete example:  
"When we feel x, we can remember y"

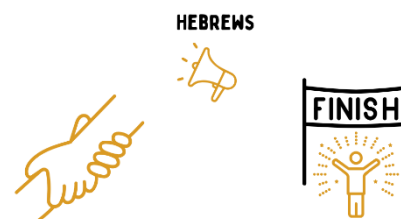
**Teaching ideas - Ask Jonny if you'd like more ideas.**

- Use the *Hebrews* series teaching image.

This is laminated and in the Sunday School box.

We're finding out why Jesus is The Best.

He is what we need to keep running the race to the end.



JESUS IS THE BEST

- Use the teaching images.

Lay them out as you explain. They can help children track through the talk.

- Act something out.

Could you act out what the passage is talking about?

- Use actions and a catch phrase.

For example: "We don't fear man (*trebling action and point at children*),  
instead we fear God! (*Tremble and point up*)."

God has spoken. *Point up*.

So, we need to listen. *Hands around ears*.

- **Sailors - More question ideas:** What noise/ smell do you think it made? How many stars did he see? Have you ever seen that before? How did he feel? What face would she have made?
- **Sailors - More teaching ideas:** Make actions to copy at certain points, act it out with costumes and scenery, go for a walk around the room, use Lego/Playmobile figures.
- **Officers - More question ideas:** Why do you think he did that? What did she get right/ wrong? What would you do in his situation?

- **Officers - More teaching ideas:** Act it out, have them draw scenes, shout out the best thing they see in the passage, make a puppet show using paper and card, go for a walk, use Lego.



## Heart and Hands

More on the Big Idea & Main Aim with activities.

**Table Activities - Craft or worksheet** - Spares go to the Eltham service.

- **Sailors**      *Craft.*  
*Cut, stick, fasten, colour. Chat about how it relates to the teaching point.*
- **Officers**      *Activity Sheet.*  
*This is a guided Bible study to help them learn how Bible studies work.*  
*The sheet progresses from easy questions to harder questions.*  
*Help them find answers in the Bible and think about them.*

The New City  
Catechism

for Kids



## New City Catechism

### Practice Together

What is this? [Tim Keller Introduces the New City Catechism](#)

Why do this? [Why We Should Catechize Our Children](#)

### This week - Question 29.

- Open up the Catechism of the week.  
Practice saying it with the children. Some might have learnt it at home to say it with less help.  
Talk about difficult words and ideas.
- **Sailors**      *Use Children's Mode and the songs to learn.*  
*Choose the right question from the following playlist:*  
[Q1 What is Our Only Hope in Life and Death?](#)
- **Officers**      *Use Children's Mode where necessary.*  
*You could make up a rhyme or rap to learn it.*  
*Or make up a game of trying to remember it: Get in a circle, say one word each.*



## Land the lesson

Bring everything together: Recap, prayer and game.

**Recap** - Use the craft/ worksheet to remind them of the Big Idea & Main Aim.

**Pray** - Encourage the children to pray with you about the Big Idea and Main Aim.  
They could **thank/praise God** for it or **ask for help** in believing it.

- **Sailors**      *You could suggest "Popcorn prayers" - really short prayers.*

Or “Arrow prayers”- We all shoot up like an arrow at the end.  
Or you could try the idea we use with Officers.

- **Officers** You could pass an object, like a Bible, around the room.  
When a child receives the Bible, they can choose to pray in their head or aloud.

**Game idea** - Check the OneDrive

**Time fillers, Games and Music** - Check the OneDrive

- I often play something from: <https://www.youtube.com/@thebiggeststory>
- A Spotify playlist of Sunday School songs can be found in the Term Overview Document.

**Sign out** - Give each family a Take Home Sheet

- Sign out with Check-In.